



EVENT NEWSLETTER

SHINGLE SPRINGS TRIBAL TANF PROGRAM

We are offering many
In-Person and Hybrid
options for our
workshops and
events!
Call to RSVP!



EMPLOYMENT OPEN LAB

February 1 • Placer Site & Sacramento Site • 9:00am-11:00am

February 8 • El Dorado Site & Sacramento Site • 9:00am-11:00am

February 15 • Yolo Site & Sacramento Site • 9:00am-11:00am

Both Employment Coordinators are available for either in person or via Zoom to discuss the following topics: Career Exploration, Aztec program- Ready for Work, Writing Resumes and Cover letters, Job Search, Employment Applications, Career Development, Interview Q & A, Job Resources, Time Management, and Networking.

Open to all sites,
Transportation is Available
Please Contact for Site
Addresses & Zoom Information

CONTACT INFO:
CAYCE BORGES,
EMPLOYMENT COORDINATOR
(916) 760-1663
CBORGES@SSTANF.ORG

TINA WILSON,
EMPLOYMENT COORDINATOR
(916) 760-1678
VWILSON@SSTANF.ORG



NATIVE DANCE & FITNESS

2/1, 2/8, 2/15 & 2/22 • In Person • 10:00am-12:00pm

Prevention staff will incorporate traditional values with fitness. This is a health & wellness program, which is dedicated to helping people with the life skills of health and wellness. This event will be a two-hour beginners fitness class for families ages 6 to adult. Participants will be provided incentives when they attend the classes.

Open to all sites,
Transportation is Available
Sacramento Site

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
ABBY TAYABA
YOUTH ACTIVITY SPECIALIST
(916) 760-0384
ABTAYABA@SSTANF.ORG



EDUCATION OPEN LAB

February 2 • Placer Site • 9:00am-11:00am

February 9 • El Dorado Site • 9:00am-11:00am

February 16 • Yolo Site • 9:00am-11:00am

February 23 • Sacramento Site • 9:00am-11:00am

Introducing the Education Open Lab! This is a safe space to talk about College exploration, vocational schools, FAFSA, scholarships & community resources, time management, networking, GED, adult high school diploma programs, SSR's. For youth we invite conversations around Indian Education, tutoring, Youth Development Fund, attendance, & school meetings (IEP, SST, 504plans).

Open to all sites,
Transportation is Available
Please Contact for Site
Addresses & Zoom Information

CONTACT INFO:
SALLY STORAMSKI
EDUCATION COORDINATOR
(916) 760-1673
SRSTORAMSKI@SSTANF.ORG



ADDRESSING FAMILY & VIOLENCE ABUSE

2/2, 2/9 • In Person • 4:00pm-6:00pm

This program will last over multiple weeks, focusing on addressing family violence and abuse. It is prevention's goal to help families decide together, to take healthy steps forward. When all members of the family commit to nurturing family unity and safety, the entire family shares feelings of peace, love, and belonging. Our facilitators are NAFFA certified and are ready to offer a safe and understanding space.

Open to all sites,
Transportation is Available
Sacramento Site

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
NIKKI GRANT-PEREZ
YOUTH ACTIVITY SPECIALIST
(916) 760-1672
NPerez@SSTANF.ORG



CONTACT US

SACRAMENTO
(916) 760-1660

PLACER
(530) 820-0141

EL DORADO
(530) 683-0110

YOLO
(916) 741-5056



LITTLE FEATHERS STORY TIME

February 6 • In Person or Zoom • 4:00pm-6:00pm

Our monthly Little Feathers Story Time, Cha Cha will be reading out loud "Long hair don't care". A poem about Boys with long hair, Thunder's hair, and the strength of his hair.

Open to all sites,
Transportation is Available
Contact for Zoom Info
[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
BRENDA BALDAZO
YOUTH ACTIVITY SPECIALIST
(916) 760-0382
BBALDAZO@SSTANF.ORG



DAUGHTERS OF TRADITION

2/7, 2/21 & 2/28 • In Person • 4:00pm-6:00pm

Daughters of Tradition strives to teach young women how to tap into their own wisdom and knowledge to determine what is right for them. This process of drawing out from within is visible in many curriculum activities, including mind mapping, the talking circle, discussing specific concepts, sharing with Elders, helping others in the community and participants in and learning about specific culture or traditional spiritual practices

Open to all sites,
Transportation is Available
[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
BRENDA BALDAZO
YOUTH ACTIVITY SPECIALIST
(916) 760-0382
BBALDAZO@SSTANF.ORG



FIRST GENERATION HIGHER EDUCATION WORKSHOP

2/8 & 2/22 • In Person • 3:00pm-4:00pm

Are you interested in going to college but don't know where to start? Do you feel overwhelmed at the thought of going to college? Do you need help in figuring out how to enroll into college? Are you interested in career ready programs such as Radiology, Medical assisting, Cosmetology? This series will include how to navigate through FAFSA, California College Promise Grant, Community College resources, How to pick a major and so much more!

Open to all sites!
Workshop held at:
[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
FELICIA SANCHEZ
EDUCATION COORDINATOR
(916)583-5063
FSANCHEZ@SSTANF.ORG



OPEN BEADING

February 10 • In Person or Zoom • 10:00am-1:00pm

Take this opportunity to clear your mind and bead away. This workshop is open to all adults that would like to focus on perfecting their craft and finish projects. All supplies for various projects will be provided. Beading takes a long time and a lot of concentration so with this open beading time, you can focus and relax.

Open to all sites,
Transportation is Available
[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
NIKKI GRANT-PEREZ
YOUTH ACTIVITY SPECIALIST
(916) 760-1672
NPerez@SSTANF.ORG



FAFSA CHECK IN WORKSHOP

February 14 • In Person • 2:00pm-4:00pm

Are you requesting financial assistance for college? Get your FAFSA in before the deadline March 2, 2023 to be eligible for all grants offered! FAFSA is federal student aid colleges use your FAFSA information to determine your eligibility for state and school aid.

Open to all sites!
Transportation is Available
Workshop held at:
[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
FELICIA SANCHEZ
EDUCATION COORDINATOR
(916)583-5063
FSANCHEZ@SSTANF.ORG



THE WORKPLACE & YOU WORKSHOP

February 22 • In Person • 4:00pm-6:00pm

Learn how to find a career by matching your personality, talents, and interest to real life jobs. Join the Employment Department in exploring career aptitude & personality tests to find your best career match. It is exciting to have the chance to see what careers you would thrive in! Find out at this workshop!

Open to all sites, Transportation is Available

[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
CAYCE BORGES,
EMPLOYMENT COORDINATOR
(916) 760-1663
CBORGES@SSTANF.ORG

TINA WILSON,
EMPLOYMENT COORDINATOR
(916) 760-1678
VWILSON@SSTANF.ORG



FAMILY CULTURE NIGHT

February 23 • In Person at Yolo Site • 4:00pm-6:00pm

February 24 • In Person at Sacramento Site • 4:00pm-6:00pm

We will learn about the Navajo legend, Spider Women and how she taught the Navajo how to weave, how to create beauty in their own life and to spread the "Beauty Way" teaching of balance within the mind, body and soul.

Open to all sites! Contact us for zoom login or in-person information.

Transportation for all sites is available.

CONTACT INFO:
ANCITA JUAREZ
YOUTH ACTIVITY SPECIALIST
(916) 760-1668
AMJUAREZ@SSTANF.ORG



BEADING CIRCLE

February 27 • In Person • 5:00pm-7:00pm

Join this family formation workshop to learn how to bead a beaded rope lanyard. As shown in the example here. This is a great skill to learn! You can use this style of beading in many projects including lanyards, keychains, handles, and so many more items. This workshop is led by Jeanine Gaines.
Ages 12 & Up

Open to all sites,
Transportation is Available

[Sacramento Site](#)

2033 Howe Ave STE 200
Sacramento CA, 95825

CONTACT INFO:
NIKKI GRANT-PEREZ
YOUTH ACTIVITY SPECIALIST
(916) 760-1672
NPerez@SSTANF.ORG



PARTICIPATION RAFFLE

February 28 • Virtual • 5:00pm-6:00pm

You earn one entry per family member each time they attend a prevention workshop for that month. This month you have the chance to win: a Humidifier, Waterproof Camera, Baby Balance Bike, Dutch Oven, & a Karaoke Microphone. You do not need to be present to win. Raffle will be drawn after the last class of the month.

Raffle will occur during Daughter's of Tradition Workshop. RSVP for the Zoom Login Information

CONTACT INFO:
ANCITA JUAREZ
YOUTH ACTIVITY SPECIALIST
(916) 760-1668
AMJUAREZ@SSTANF.ORG

*Memories
with TAHT!*

