



# FEBRUARY 2024



# NEWSLETTER



## SHINGLE SPRINGS TRIBAL TANF PROGRAM



## BLACK HISTORY MONTH

### UPCOMING WORKSHOPS & EVENTS

#### EMPLOYMENT OPEN LAB

- 2/1/2024 (PLACER SITE) 9:30AM-11:30AM
- 2/08/2024 (EL DORADO SITE) 9:30AM-11:30AM
- 2/15/2024 (YOLO SITE) 9:30AM-11:30AM
- 2/22/2024 (SACRAMENTO SITE) 9:30AM-11:30AM

Open Lab covers a variety of topics that assist your journey in finding employment. Topics that are covered include: Career Exploration, Aztec - Ready for Work, Writing Resumes and Cover letters, Job Search, Employment Applications, Career Development, Interview Q & A, Job Resources, Time Management, and Networking.

**RSVP: Tina Wilson, Employment Coordinator**  
**Phone: (916) 760-1678 / Cell phone: (916) 695-0535**  
**Email: vwilson@sstanf.org**

# 2024

## PLANNING FOR A NEW JOB?



#### EDUCATION OPEN LAB

- 2/1/2024 (PLACER SITE) 9:30AM-11:30AM
- 2/08/2024 (EL DORADO SITE) 9:30AM-11:30AM
- 2/15/2024 (YOLO SITE) 9:30AM-11:30AM
- 2/22/2024 (SACRAMENTO SITE) 9:30AM-11:30AM

This is a safe space to talk about college exploration, vocational schools, FAFSA, scholarships & community resources, time management, networking, GED, adult high school diploma programs, SSR's. For youth we invite conversations around Indian Education, tutoring, Youth Development Fund, attendance & school meetings (IEP, SST, 504plans).

**Felicia Sanchez, Education Coordinator Phone: (916) 583-5063**  
**Email: fsanchez@sstanf.org**  
**Francisco Martinez, Education Coordinator Phone: (916) 760-0382**  
**Email: frmartinez@sstanf.org**



## OPEN BEADING

2/2/2024 • 10:00 AM - 2:00 PM

Sacramento Site

Let's bead! This workshop is for all of our beaders to work on their beading projects and finish all your beading projects that are unfinished. Employment department will be teaching about entrepreneurship and how to use social media to help sell items. Exclusive SSTTP bead boxes will be provided to those who attend!

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist**  
**Nperez@sstanf.org or (530) 409-0541**



## BEADING CIRCLE WITH JEANINE GAINES

2/5/2024 • 5:00 PM - 7:00 PM

Sacramento Site

Let's bead! Join this family formation workshop with Jeanine Gaines Learning Peyote Stitch Part 2. Ages 12 & up! Connect with culture in a circle. All beading materials will be provided. We will go over marketing to sell your work.

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist**  
**Nperez@sstanf.org or (530) 409-0541**



## THE WORKPLACE AND YOU WORKSHOP SERIES

2/06/2024 9:30AM-11:30AM SACRAMENTO SITE

2/13/2024 9:30AM-11:30AM SACRAMENTO SITE

2/20/2024 9:30AM-11:30AM SACRAMENTO SITE

2/22/2024 11:00AM-3:00PM SACJOBS WINTER CAREER FAIR  
LIONS GATE HOTEL 3410 WESTOVER STREET, MCCLELLAN PARK, CA

Join us for an in depth workshop series that will help you with all areas of job obtainment. This series will include taking personality and career tests, updating resumes and cover letters, learning Interviewing skills, and attending the SACJobs Winter Career Fair.

**RSVP: Cayce Borges, Employment Coordinator**  
**Cborges@sstanf.org or (916) 760-1663**



## EQUINOX/SOLSTICE DOOR HANGER

2/06/2024 (EL DORADO SITE) 4:00PM-6:00PM

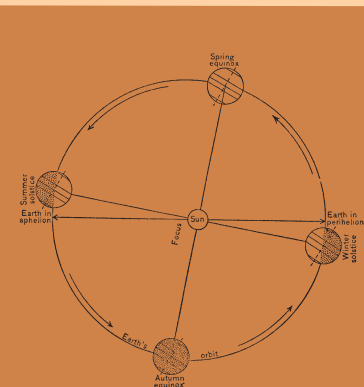
2/15/2024 (PLACER SITE) 5:00PM-7:00PM

2/27/2024 (SACRAMENTO SITE) 4:00PM-6:00PM

2/28/2024 (YOLO SITE) 5:00PM-7:00PM

Join us! We will be learning about the differences between the Solstice and Equinox. We will be making a door hanger, just in time for the Spring Equinox. The equinoxes are recognized by many Native cultures for the purposes of practicality and ceremony.

**RSVP Contact: Ancita Juarez, Family Programming Specialist**  
**Amjuarez@sstanf.org or (916) 760-1668**



## **RIBBON SHIRT MAKING**

**2/8/2024 • 4:00 PM - 6:00 PM**  
**Sacramento Site**

Join an introductory class on how to make Ribbon Shirts! This class empowers young men to learn a new skill they can use for a lifetime. Learn to love the process of creating your own clothes this year, including the meaningful ribbons on your clothing.

**RSVP Contact: Stephanie Garcia, Youth Activity Specialist**  
**sduarte@sstanf.org or (916) 397-2554**



## **YOUNG MEN'S DRUM GROUP**

**2/9/2024 • 5:00PM - 7:00 PM**  
**Sacramento Site**

Boys ages 5 and up join us for a young men's drum class with Phillip Moore learning Pow Wow style drumming and singing. This event curates a supportive community for young men, helps build a cultural connection, and self expression.

**RSVP Contact: Pauline Ghost, Youth Activity Specialist**  
**Pperez@sstanf.org or (916) 760-0063**



## **SHAWL CRAFTING**

**2/9/2024 • 5:00 PM - 7:00 PM**  
**Sacramento Site**

Continue this year learning about creating shawls! You will be learning with Chandra Cortez. and are encouraged to showcase your shawl creations! Welcoming new and returning participants for this crafting moment.

**RSVP Contact: Pauline Ghost, Youth Activity Specialist**  
**Pperez@sstanf.org or (916) 760-0063**



## **FAMILY BEADING**

**2/12/2024 • 5:00 PM - 7:00 PM**  
**Sacramento Site**

Family beading workshop with Chandra Cortez empowers you to have a harmonious family, spending quality time together, and guided by an esteemed beadwork artist. Welcoming participants of all ages to learn traditional techniques and learning alongside your family

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist**  
**Nperez@sstanf.org or (530) 409-0541**



## **HOLISTIC WELLNESS**

**2/13/2024 • 5:00PM - 7:00 PM**

**Sacramento Site**

Join our Holistic Home Wellness class and learn how to create natural household fragrances and detergents. Empower your family with the knowledge to live in a healthier, more sustainable environment. Take the first step towards a more holistic and eco-friendly lifestyle while strengthening family bonds. Don't miss this opportunity to learn and grow together.

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist**

**Nperez@sstanf.org or (530) 409-0541**



## **LITTLE FEATHERS**

**2/14/2024 • 4:00 PM - 6:00 PM**

**Sacramento Site**

Little feathers story time will encourage maintenance of two-parent family by providing opportunity for youth and caregivers to enjoy Native American literature. Building positive connection between youth and caregivers gives the youth protective factors of success. Caregivers will be invited to participate in a craft project with their child/children that will focus on contenting to build fine motor skills and executive functioning by following multi-step direction. This will give caregivers exposure to indigenous authored illustrated literature.

**RSVP Contact: Pauline Ghost, Youth Activity Specialist**

**Pperez@sstanf.org or (916) 760-0063**



## **FISHING DERBY**

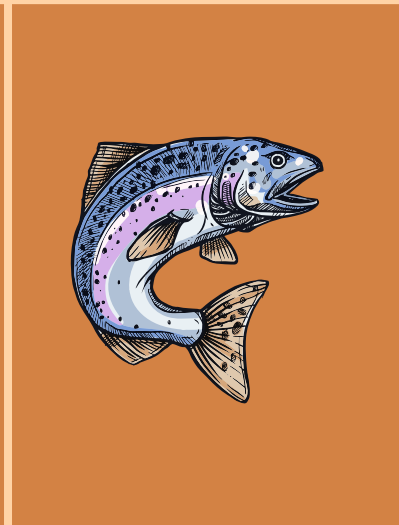
**2/17/2024 • 7:30 AM - 10:30 AM**

**Howe Park 2201 Cottage Way,  
Sacramento CA 95825**

Let's fish at the Fulton-El Camino RPD Annual Youth Fishing Derby! Open to Ages 15 or Under! Registration and breakfast at 7:30AM. Derby starts at 8am. Prizes awarded for the longest and fattest fish!

**RSVP Contact: Pauline Ghost, Youth Activity Specialist**

**Pperez@sstanf.org or (916) 760-0063**



## **NATIVE DANCE FITNESS**

**2/20/2024 • 2:00 PM - 3:30 PM**

**Sacramento Site**

Abby Tayaba will incorporate traditional values with fitness. This is a health & wellness program, which is dedicated to helping people with the life skills of health and wellness and exploring fitness coaching.

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist**

**Nperez@sstanf.org or (530) 409-0541**



## HEALING HAND ART THERAPY CIRCLE (FINGERPAINTING)

2/23/2024 • 4:00 PM - 6:00 PM  
Sacramento Site

Join our Healing Hand Finger Painting class and learn how to create artwork and therapy with only your hands. Empower your family with the knowledge about the Hopi Tribe's Healing Hand Symbol and mental wellness.

**RSVP Contact: Pauline Ghost, Youth Activity Specialist**  
Pperez@sstanf.org or (916) 760-0063

**RSVP Contact: Maurice Montoya, Program Outreach and Project Specialist**  
mmonotya@sstanf.org or (916) 760-1666



## PARTICIPATION RAFFLE

2/29/2024 • 4:00 PM - 5:00 PM  
Sacramento Site

We are bringing back the participation incentive in the Prevention Department starting January 2024-April 2024. Earn one entry per family member each time they attend a prevention workshop for that month.

**RSVP Contact: Ancita Juarez, Family Programming Specialist**  
Amjuarez@sstanf.org or (916) 760-1668



**RAFFLE**

## NATIVE YOUTH WELLNESS

2/29/2024 • 4:00 PM - 6:00 PM  
Sacramento Site

Come join us for a fun night of youth wellness and team building. We will be discussing curriculum from Native Wellness Institute. This material will assist you as you grow throughout the year!

**RSVP Contact: Stephanie Garcia, Youth Activity Specialist**  
sduarte@sstanf.org or (916) 397-2554

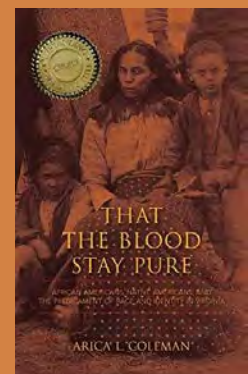
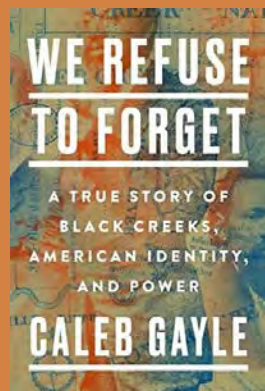


# Black History Month

## Black History Month Need to Know!

Books about Black Native Americans

If you're interested in learning more about the topic of Black Native Americans, there's a lot to dig into. The following books are all excellent resources for deepening your knowledge base on Afro-Indigenous peoples:



# Shingle Springs Tribal TANF



## Success Stories

### Sarina Razo as UC Davis Health as a Host:

"I started working for UC Davis a month after I started TANF. I assist with food and nutrition at the nursing stations. My children motivated me the most for this next step in my life and TANF has assisted with costs of my son's football, and buying work supplies. My next goal is to open up a salon or barbershop!"



### RECEIVE A LETTER?

PLEASE CONTACT MAURICE MONTROYA, THE OUTREACH AND PROJECT SPECIALIST TO SCHEDULE A SUCCESS STORY INTERVIEW. GET FEATURED ON THE NEXT NEWSLETTER!  
(916) 760-1666 or  
mmontoya@sstanf.org

### READ MORE ONLINE

Go to our website:  
[Shinglespringsrancheria.com/tanf](http://Shinglespringsrancheria.com/tanf)  
to read the rest of the success!  
Read about their success and inspiring journeys,  
We are proud of our Native families.



# Red Road to Recovery Events

**February 2024**

**Thursday February 1 @ 2:00 pm - 3:30 pm**

**Red Road To Recovery**

**SNAHC 2020 J Street, Sacramento, CA, United States**

**The Red Road group works with individuals who want to break the cycle of abuse, suicide, addiction, and hopelessness. The Red Road offers a safe place for people to share their experiences and provides the necessary tools for coping and dealing with daily challenges. This group includes White Bison teachings,**

**Thursday February 8 @ 2:00 pm - 3:30 pm**

**Red Road To Recovery**

**SNAHC 2020 J Street, Sacramento, CA, United States**

**The Red Road group works with individuals who want to break the cycle of abuse, suicide, addiction, and hopelessness. The Red Road offers a safe place for people to share their experiences and provides the necessary tools for coping and dealing with daily challenges. This group includes White Bison teachings,**

**Thursday February 15 @ 2:00 pm - 3:30 pm**

**Red Road To Recovery**

**SNAHC 2020 J Street, Sacramento, CA, United States**

**The Red Road group works with individuals who want to break the cycle of abuse, suicide, addiction, and hopelessness. The Red Road offers a safe place for people to share their experiences and provides the necessary tools for coping and dealing with daily challenges. This group includes White Bison teachings,**

**Thursday February 22 @ 2:00 pm - 3:30 pm**

**Red Road To Recovery**

**SNAHC 2020 J Street, Sacramento, CA, United States**

**The Red Road group works with individuals who want to break the cycle of abuse, suicide, addiction, and hopelessness. The Red Road offers a safe place for people to share their experiences and provides the necessary tools for coping and dealing with daily challenges. This group includes White Bison teachings,**

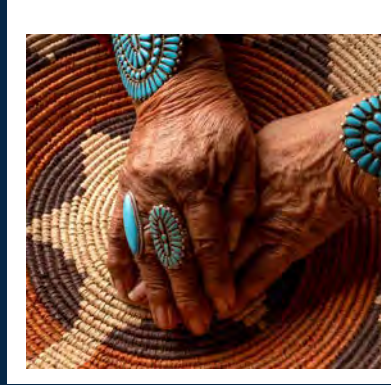
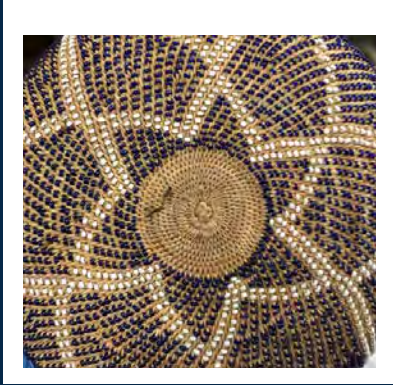
**Thursday February 29 @ 2:00 pm - 3:30 pm**

**Red Road To Recovery**

**SNAHC 2020 J Street, Sacramento, CA, United States**

**The Red Road group works with individuals who want to break the cycle of abuse, suicide, addiction, and hopelessness. The Red Road offers a safe place for people to share their experiences and provides the necessary tools for coping and dealing with daily challenges. This group includes White Bison teachings,**

# SoCal Native American Studies Model Curriculum Community Engagement Listening Circles



The California Native American Studies Model Curriculum (NASMC) will support the design and development of lesson plans, primary source documents, planning resources, teaching strategies, and professional development activities to assist educators in teaching about California Native American Studies. The NASMC is a statewide partnership effort funded through the California Department of Education. The San Diego County Office of Education will host several, virtual and in-person NASMC Community Engagement Listening Circles in Southern California. Perspectives and voices of California tribal community members, Native American youth, educators, and cultural bearers will lead the development of NASMC. During NASMC Listening Circles, participants will:

- learn about possible goals, vision, and outcomes of the NAS Model Curriculum;
- discuss their hopes for the NAS Model Curriculum; and
- provide guidance on the NAS Model Curriculum Essential Understandings and curriculum topics.

## 2024 Virtual SoCal NASMC Listening Circles

- Feb 6 from 4 to 5:30 p.m.
- Mar 5 from 4 to 5:30 p.m.
- Apr 2 from 4 to 5:30 p.m.
- May 7 from 4 to 5:30 p.m.



**Register at:**

**<https://sdcoe.k12oms.org/902-228838>**

**For more information, visit**

**<https://www.sdcoe.net/nasmc>**



[www.sdcoe.net/nasmc](http://www.sdcoe.net/nasmc) | [www.caindianeducationforall.com](http://www.caindianeducationforall.com)





**SAVE THE DATE!**

**BAAITS  
13TH ANNUAL  
TWO SPIRIT  
POWWOW**

**COMMEMORATING BAAITS 25 YR ANNIVERSARY!**

**SATURDAY FEBRUARY 10, 2024  
FORT MASON FESTIVAL PAVILLION,  
SAN FRANCISCO, CA**

13TH ANNUAL BAY AREA AMERICAN INDIAN TWO-SPIRITS

**2024  
TWO-SPIRIT  
POWWOW**

FEBRUARY 10- FORT MASON PAVILION, SF



**HEAD STAFF, SCHEDULE,  
& MORE INFO**

Swipe →





# SAVE THE DATE

## MMIP SUMMIT & DAY OF ACTION

February 12th & 13th, 2024  
Sacramento, CA

For more information and to RSVP, please visit  
[mmipsummit2024.eventbrite.com](https://mmipsummit2024.eventbrite.com)  
or scan the QR code



# LOVE THY SKIN ART EXHIBIT

February 14th-February 29th

**Honoring all of the skintone complexions of Native and Afro-Indigenous people across Native Land and Africa. This Art Gallery is hosted by the Washington Neighborhood Center, and is welcoming artists to showcase their work at no cost, highlighting Native Peoples, combating colorism, and celebrating Black History Month by representing both African American, African, Afro-Caribbean and Native Americans / Alaskan Natives with African ancestry!**



**BLACK  
HISTORY  
MONTH**



**400 16th St, Sacramento, CA 95814**



**NIGHT OUT**  
AT THE **MUSEUM**

# ORIGINAL STORIES: CALIFORNIA'S FIRST VOICES

**Saturday  
February 17th  
7:00pm**

The Maidu Museum is proud to present the next Night Out at the Museum program: a panel conversation between four contributors of *Know We Are Here: Voices of Native California Resistance* on February 17. This new book is a powerful collection that details how California's Indigenous communities are resisting the legacies of forcible loss of land, violence, and genocide. Contributors speak on a variety of issues that affect Native California communities today while also offering urgent wisdom. The panelists include:



Terria Smith (Torres Martinez Desert Cahuilla) is the editor of the quarterly magazine *New from Native California* and director of the Roundhouse program, an editorial division of Native California book publishing at Heyday. She is the editor of *Know We Are Here: Voices of Native California Resistance*.



Rose Soza War Soldier (Mountain Maidu/Cahuilla/Luiseño) is an enrolled member of the Soboba Band of Luiseño Indians and a professor of Ethnic Studies at California State University, Sacramento. Her research and teaching focus on twentieth-century American Indian activism, social and cultural history, politics, education, and justice-centered movements



Viola Le Beau (Hammawi Band of the Pit River Nation; Cahuilla/Maidu/Cheyenne River Sioux descendent) is a visual multimedia artist and advocate of traditional knowledge. She received her B.A. in sociology and studio arts from Mills College and now works on community outreach, directorial assistance, and food distribution issues with Sogorea Te' Land Trust



Michelle LaPena (Pit River Tribe) is a member of the Pit River Tribe and an Indian law attorney. She is extensively involved in developing statewide policy in California regarding cultural resources protection, including burial site protection and consultation requirements for new projects. She was the 2015 recipient of the Truman Capote Creative Writing Fellowship.

After the panel conversation, there will be a book signing. Books will be available to purchase at the event. Light refreshments will be served after the program as well. This is a free event. This program is made possible in part by the Institute of Museum and Library Services Inspire! Grant for Small Museums. This program is in partnership with Heyday Books.



SACJOBS

# WINTER 2024 CAREER FAIR



Shingle Springs Tribal TANF  
Employment Department will be attending  
this event and would love for you to join us.

**FEBRUARY 22, 2024 FROM 11AM-3PM**

Lions Gate Hotel  
3410 Westover Street, McClellan Park, CA

<https://sacjobs.com/career-fair/>

***OVER 60 EMPLOYERS CONFIRMED TO ATTEND***

Please contact the Employment Department to reserve  
your spot and to request transportation, if needed.

**FOR MORE INFORMATION CONTACT:**

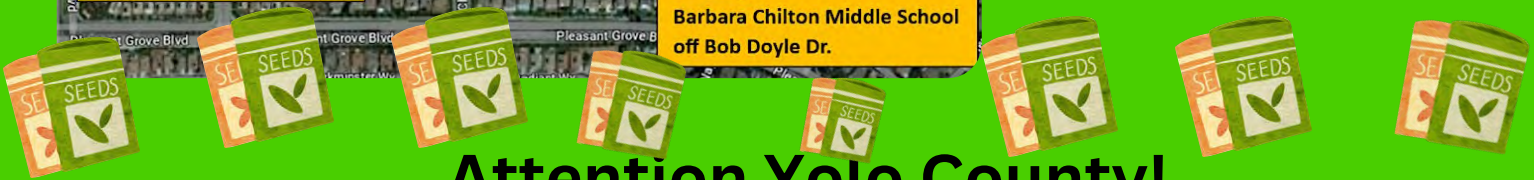
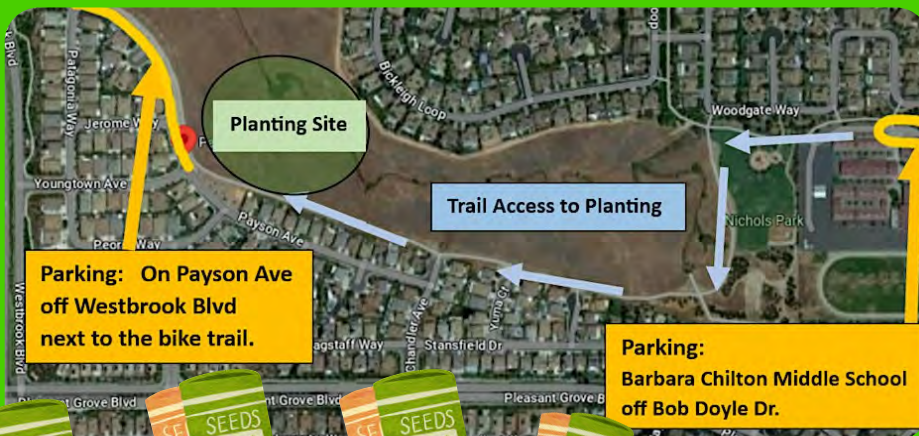
**CAYCE BORGES, EMPLOYMENT COORDINATOR (916) 760-1663  
TINA WILSON, EMPLOYMENT COORDINATOR (916)760-1678**

# Attention Placer County!



**RUFF**  
ROSEVILLE URBAN FOREST FOUNDATION

Join Us for our February Native Tree Plantings:  
*We'll be honoring a past RUFF board member, Michelle Mahan,*  
**on SATURDAY, February 10 at 8:30 AM**  
Planting begins at 9:00 AM to 1:00 PM  
**SATURDAY, February 10 and/or SATURDAY, February 24, 2024**  
Near Nichols Park, Roseville



# Attention Yolo County!

## Three Sisters Gardens Volunteer Interest Form

Welcome to Three Sisters Gardens! We appreciate your support and interest in our work to inspire and empower at potential high promise youth through gardening in West Sacramento.

Our regular volunteer work days are Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays from 8am-12pm at our 4 farms, with locations varying each day. We occasionally have work days on Saturday mornings. Tasks typically include seeding, weeding, transplanting, composting, harvesting, turning beds, and occasionally special events.



### Locations:

- 317 5th St, West Sacramento CA 95605
- 317 4th St, West Sacramenot CA 95605
- 700 Cummins Way, West Sacramento CA 95605
- 485 Regatta Lane, West Sacramento CA 95605



Please fill out this form so we can get to know you a little better to help us find the best spot for you within the program! Reach out for our monthly Skills Share @threesistersgarden

# February 2024



# SHINGLE SPRINGS TRIBAL TANF PROGRAM

WWW.SHINGLESPRINGSRANCHERIA.COM/TRIBAL-TANF/



S M T W TH F S

### Tribal TANF Office Addresses & Phone Numbers

**Sacramento Site**  
2033 Howe Ave, STE 100  
Sacramento, CA 95825  
(916) 760-1660

**El Dorado Site**  
532 Main Street  
Placerville, CA 95667  
(530) 683-0110

**Yolo Site**  
1355 Halyard Road, STE 180  
West Sacramento, CA 95691  
(916) 741-5056

**Placer Site**  
1919 Grass Valley Hwy, STE 110  
Auburn, CA 95603  
(530) 820-0141

4		5	<p><b>Beading Circle</b> <i>With Jeantine</i></p> <p>5:00 pm-7:00 pm</p>	6	<p><b>The Workplace and You</b> 9:30am-11:30am</p> <p>Equinox/Solstice 4:00pm-6:00pm</p>	7	
11		12	<p><b>Family Beading</b> With Chandra Cortez</p> <p>5:00PM - 7:00 PM</p>	13	<p><b>The Workplace and You</b> 9:30am-11:30am</p> <p>HOLISTIC WELLNESS 5:00PM-7:00PM</p>	14	<p><b>Valentine's Day</b></p> <p><b>LITTLE FEATHERS</b> 4:00PM-6:00PM</p>
18		19	<p><b>PRESIDENTS DAY</b></p> <p><b>ALL TANF OFFICES CLOSED</b></p>	20	<p><b>The Workplace and You</b> 9:30am-11:30am</p> <p>Native Dance Fitness 2:00PM-3:30PM</p>	21	
25		26		27	<p><b>Equinox/Solstice</b> 4:00pm-6:00pm</p>	28	<p><b>Equinox/Solstice</b> 5:00pm-7:00pm</p>
				8	<p><b>EMPLOYMENT/ EDUCATION OPEN LAB</b> 9:30 am-11:30 am</p> <p><b>RIBBON SHIRT MAKING</b> 4:00PM-6:00PM</p>	9	<p><b>YOUNG MENS DRUM GROUP</b> 5:00PM-7:00PM</p> <p>----- <b>Shawl Crafting</b> 5:00PM-7:00PM</p>
				1	<p><b>EMPLOYMENT/ EDUCATION OPEN LAB</b> 9:30 am-11:30 am</p>	2	<p><b>Open Beading</b></p> <p>10:00 am-2:00 pm</p>
				15	<p><b>EMPLOYMENT/ EDUCATION OPEN LAB</b> 9:30 am-11:30 am</p> <p><b>Equinox/Solstice</b> 5:00pm-7:00pm</p>	16	
				22	<p><b>EMPLOYMENT/ EDUCATION OPEN LAB</b> 9:30 am-11:30 am</p> <p><b>SAC JOBS CAREER FAIR</b> 11:00AM-3:00PM</p>	23	<p><b>HEALING HAND ART THERAPY</b> 4:00PM-6:00PM</p>
				3		10	<p><b>Chinese New Years</b></p> <p><b>MERS DUE</b></p>
				17		24	<p><b>Fishing Derby</b> 7:30am-10:30am Howe Park</p>