

APRIL 2024

NEWSLETTER

CELEBRATE DIVERSITY MONTH
SHINGLE SPRINGS TRIBAL TANF PROGRAM



UPCOMING WORKSHOPS & EVENTS

STATE INDIAN MUSEUM

4/1 •• 11:00AM-2:00PM

2618 K Street
Sacramento, CA 95816

Join us at the State Indian Museum! A Museum representative will be providing a brief introduction to the museum and its significance, a guided tour exploring the exhibits showcasing Native American culture, history, and artifacts! Learn about the diverse indigenous tribes of California!

RSVP Contact: Pauline Ghost, Youth Activity Specialist, (916) 798-9433 & pperez@sstanf.org



YOUTH EMPLOYMENT OPPORTUNITY PROGRAM INFORMATIONAL WORKSHOP

4/2 •• 3:30PM-5:00PM

Sacramento Site

Julie Her from EDD will be presenting information regarding the YEOP Program, how to apply for the CALjobs website as well as Youth state job opportunities.

RSVP Contact: Cayce Borges, Employment Coordinator, (916) 760-1663 & cborges@sstanf.org



ABALONE NECKLACE WORKSHOP

4/2 •• 11:00AM-1:00PM

Yolo Site

Come and participate in this family event where families will create personalized beaded necklaces with abalone.

RSVP Contact: Nikki Grant Perez, Family Programming Specialist, (530) 409-0541 & nperez@sstanf.org



SOAPSTONE CARVING

4/3 •• 11:00AM-1:00PM

Yolo Site

Come join us during your spring break to carve a bear soapstone and learn about the uses of soapstone in Native American cultures.

RSVP Contact: Ancita Juarez, Family Programming Specialist, amjuarez@sstanf.org or (916) 760-1668



NATIVE YOUTH WELLNESS

4/4 •• 12:00PM-3:00PM

Sea Quest 430 Palladio Pkwy #1801 Folsom, CA 95630

Youth and staff will visit the Sea Quest Folsom Aquarium for a hands on experience feeding, touching, and interacting with animals from five continents in Folsom, CA. Read the story The Turtle's Gift to people and then enjoy an interactive aquarium experience at Sea Quest!

RSVP Contact: Stephanie Dominguez, Youth Activity Specialist, (916) 760-1679 & sduarte@sstanf.org



EMPLOYMENT OPEN LAB

PLACER SITE 4/4 •• 9:30AM-11:30AM

EL DORADO SITE 4/11 •• 9:30AM-11:30AM

YOLO SITE 4/18 •• 9:30AM-11:30AM

SACRAMENTO SITE 4/25 •• 9:30AM-11:30AM

Career Exploration, Aztec - Ready for Work, Writing Resumes and Cover letters, Job Search, Employment Applications, Career Development, Interview Q & A, Job Resources, Time Management, and Networking.

RSVP Contact: Tina Wilson, Employment Coordinator

Phone: (916) 760-1678 / Cell phone: (916) 695-0535 Email: vwilson@sstanf.org



EDUCATION OPEN LAB

PLACER SITE 4/4 •• 9:30AM-11:30AM

EL DORADO SITE 4/11 •• 9:30AM-11:30AM

YOLO SITE 4/18 •• 9:30AM-11:30AM

SACRAMENTO SITE 4/25 •• 9:30AM-11:30AM

Join us in guidance with College Exploration, Vocational Schools, FAFSA, Scholarships & community Resources, Time Management, and Networking. GED, Adult High School Diploma Programs, & SSR's. Youth Indian Education, Tutoring, Youth Development Fund, Attendance, School Meetings (IEP, SST, 504plans) .

RSVP Contact: Felicia Sanchez, Education Coordinator, (916) 583-5063 & fsanchez@sstanf.org



OPEN BEADING

4/5 •• 10:30AM-2:00PM

Sacramento Site

Let's bead! This workshop is for all of our beaders to work on their beading projects and finish all your beading projects that are unfinished. Employment Department will be teaching about entrepreneurship and how to use social media to help sell items. Exclusive SSTTP bead boxes will be provided to those who attend!

RSVP Contact: Nikki Grant Perez, Family Programming Specialist, (530) 409-0541 & nperez@sstanf.org



STRENGTHENING FAMILIES

4/8 •• 4:00PM-6:00PM

4/22 •• 4:00PM-6:00PM

Sacramento Site

The NAFFA's Strengthening Families program consists of 14 sessions totaling 28 hours of group instruction. The group will meet monthly.

We believe in the safety and welfare of all family members in building strong, healthy relationships. Our Mission is to address this violence and abuse by teaching correct principles to strengthen families and keep families together.

RSVP Contact: Nikki Grant Perez, Family Programming Specialist, (530) 409-0541 & nperez@sstanf.org



TIME MANAGEMENT TIPS

4/9 •• 11:00AM-1:00PM

4/23 •• 11:00AM-1:00PM

Sacramento Site

Do you find managing your family's busy school schedule challenging? If so, please consider attending our workshop that offers effective time-management strategies for you and your children.

RSVP Contact: Francisco Martinez, Education Coordinator, (916) 760-0382 & frmartinez@sstanf.org



DRUMSTICK MAKING

PLACER SITE 4/9 •• 5:00PM-7:00PM

SSBMI RANCHERIA 4/17 •• 4:00PM-6:00PM

SACRAMENTO SITE 4/18 •• 4:00PM-6:00PM

YOLO SITE 4/24 •• 5:00PM-7:00PM

Join us in guidance with learning more about the history of drums, and why beaters, also known as drumsticks, are essential tools to connect community with the spiritual world.

RSVP Contact: Ancita Juarez, Family Programming Specialist, (916) 760-1668 & amjuarez@sstanf.org



KEEPING YOUR JOB WORKSHOP

4/10 •• 10:00AM-12:00PM

4/24 •• 10:00AM-12:00PM

Sacramento Site & Virtual Option is available

Come learn about common employer expectations and what an employee can do to maintain and exceed them. Let us prepare the remainder of this year's employment together!

RSVP Contact: Cayce Borges, Employment Coordinator, (916) 760-1663 & cborges@sstanf.org



NATIVE DANCE FITNESS

4/10 •• 2:00PM-3:30PM

Sacramento Site

Join us in guidance with learning more about dance with traditional values. This fitness course is a health and wellness program, which is dedicated to help people with the life skills of health and wellness and exploring fitness coaching.

RSVP Contact: Nikki Grant Perez, Family Programming Specialist, (530) 409-0541 & nperez@sstanf.org



YOUNG MEN'S DRUM GROUP TOUR UC DAVIS POWWOW

4/13 •• 12:00PM-3:00PM

UC Davis Quad

Join us in guidance with learning more about the dynamics and intricacies of drum contests at powwows and inspire group members by witnessing the skill and camaraderie displayed by competing drum groups and strengthen the group and aspiring members as a whole.

RSVP Contact: Richard Sanchez, Youth Activity Specialist, (916) 673-8661 & rsanchez@sstanf.org

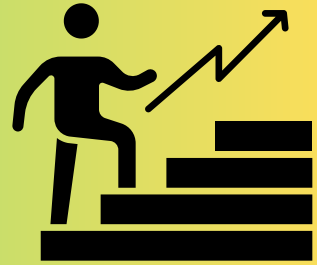


ALTA REGIONAL INFORMATION WORKSHOP

4/16 •• 10:00AM-12:00PM

Sacramento Site

Alta California Regional Center assists individuals with specific developmental disabilities and their families in accessing appropriate services so that every individual can live up to their highest potential. This includes infants and older with intellectual disabilities, cerebral palsy, epilepsy, and autism. Facilitator, Shamir Griffin, will be discussing the eligibility and application process, history of regional center, programs offered and more



RSVP Contact: Cayce Borges, Employment Coordinator, (916) 760-1663 & cborges@sstanf.org

LITTLE FEATHERS STORY TIME

4/16 •• 4:00PM-6:00PM

Sacramento Site

Join us in youth storytelling, community learning, and access to a safe environment. This is for participants only and will take place at the Sacramento location.



RSVP Contact: Pauline Ghost, Youth Activity Specialist, (916) 798-9433 & pperez@sstanf.org

FAMILY WELLNESS NIGHT

4/19 •• 4:00PM-6:00PM

Sacramento Site

Join us to learn the significance of healthy coping skills, how plants relieve stress, and the significance of bears in origin stories, myths, and legends. Traditional information will be shared with families about these stories in Indian Country.



RSVP Contact: Stephanie Dominguez, Youth Activity Specialist, (916) 760-1679 & sduarte@sstanf.org

NATIVE GRADUATE STOLES WORKSHOP

4/23 •• 4:00PM-6:00PM

Sacramento Site

Come learn how to create graduation stoles incorporating traditional designs, symbols, and colors into the stoles. Participants can express pride in their heritage and honor their ancestors' legacy.



RSVP Contact: Pauline Ghost, Youth Activity Specialist, (916) 798-9433 & pperez@sstanf.org

YOUR HEART AND YOU WORKSHOP

4/24 •• 5:00PM-7:00PM

Placer Site

We have partnered with Chapa-De Indian Health Services to bring you a heart healthy workshop for your entire family. We will be discussing topics on heart disease, stroke, diabetes, nutrition, and more.

**RSVP Contact: Mahcoya Ostrom, Placer Reception/Transporter,
mostrom@sstanf.org**



NATIVE YOUTH WELLNESS NIGHT

4/25 •• 4:00PM-6:00PM

Sacramento Site

Come join us for a fun night of youth wellness and team building. We will be discussing curriculum from the Native Wellness Institute. Come learn how to give back to your community by sharing your time. For the second Native Youth Wellness, learn and serve the community at the Sacramento Food Bank!

**RSVP Stephanie Dominguez, Youth Activity Specialist sduarte@sstanf.org or
(916) 397-2554**



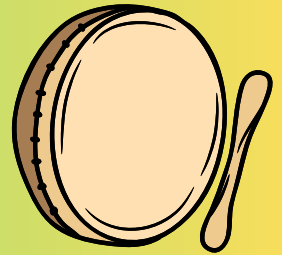
YOUNG MENS DRUM GROUP

4/26 •• 5:00PM-7:00PM

Sacramento Site

Join a safe space for young men to embark on a journey of discovery through the art of drumming. This group creates the opportunity to have valuable cultural coping skills and gain resilience, emotional intelligence, and a sense of purpose that will contribute to healthier decision making.

**RSVP Contact: Richard Sanchez, Youth Activity Specialist, (916) 673-8661 &
rsanchez@sstanf.org**



BEADING CIRCLE WITH JEANINE GAINES

4/29 •• 5:00PM-7:00PM

Sacramento Site

Join this family formation workshop with Jeanine Gaines learning edging techniques. Ages 12 & UP.

**RSVP Contact: Nikki Grant Perez, Family Programming Specialist, (530) 409-0541 &
nperez@sstanf.org**



FAMILY BEADING WITH CHANDRA CORTEZ

4/30 •• 5:00PM-7:00PM

Yolo Site

Join us for this family formation event learning with Chandra Cortez how to make beaded caps. Take this skill and use it to make jewelry throughout the year!

RSVP Contact: Pauline Ghost, Youth Activity Specialist, (916) 798-9433 & pperez@sstanf.org



PARTICIPATION RAFFLE

4/30 •• 4:00PM -5:00PM

Sacramento Site

We are bringing back the participation incentive in the Prevention Department starting January 2024-April 2024. Earn one entry per family member each time they attend a prevention workshop for that month.

RSVP Contact: Ancita Juarez, Family Programming Specialist, amjuarez@sstanf.org or (916) 760-1668



Tribal TANF Office Addresses and Phone Numbers

Sacramento Site

2033 Howe Ave. STE 100
Sacramento, CA 95825
(916) 760-1660

El Dorado Site

532 Main Street
Placerville, CA 95667
(530) 688-0110

Yolo Site

1355 Halyard Dr. STE 180
West Sacramento, CA 95691
(916) 741-5056

Placer Site

1919 Grass Valley Hwy, STE 110
Auburn, CA 95603
(530) 820-0141

Transportation is available to attend workshops! You must request transportation in advance. TANF program participants are the only ones that transportation can pick up and drop off.

ENJOY YOUR APRIL!

APRIL 2024

CELEBRATE DIVERSITY MONTH



SHINGLE SPRINGS TRIBAL TANF PROGRAM

WWW.SHINGLESPRINGSRANCHERIA.COM/TRIBAL-TANF/



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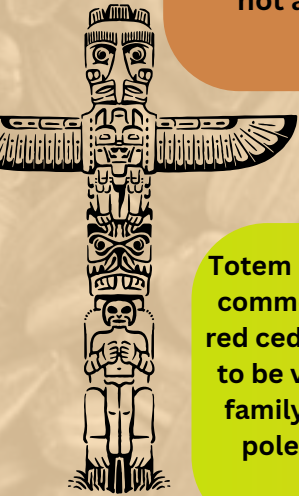
31		1 State Indian Museum Tour 11am-2pm	2 Youth Employment Opportunity Program 3:30pm-5pm Sacramento Abalone Necklace Workshop 11am-1pm Yolo	3 Soapstone Carving 11am-1pm Yolo	4 Native Youth Wellness 12pm-3pm Sea Quest Employment/Education Open Lab Placer Site 9:30am - 11:30am	5 Open Beading 10:30am-2pm Sacramento	6				
7		8 Strengthening Families 4pm-6pm Sacramento	9 Time Management Tips 11am-1pm Sacramento Drum Stick Making 5pm-7pm Placer	10 MERS DUE 1ST-10TH Keeping Your Job Workshop 10am-12pm Sacramento Native dance fitness 2pm-3:30pm Sacramento	11 Employment/Education Open Lab El Dorado Site 9:30am - 11:30am	12	13 Young Men's Drum Group Tour UC Davis Powwow 12pm-3pm				
14		15	16 Alta Regional Info Workshop 10am-12pm Sacramento Little Feathers Story time Sacramento 4pm-6pm	17 Drum Stick Making 4pm-6pm SSBMI Rancheria	18 Employment/Education Open Lab Yolo Site 9:30am - 11:30am Drum Stick Making 4pm-6pm Sacramento	19 Family Wellness Night Sacramento 4pm-6pm	20				
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28		29 Beading Circle Sacramento 5pm-7pm	30 CELEBRATE EARTH DAY Participation Raffle 4pm-6pm Sacramento Family Beading 5pm-7pm Yolo	Tribal TANF Office Addresses & Phone Numbers <table border="0"> <tr> <td>Sacramento Site 2033 Howe Ave, STE 100 Sacramento, CA 95825 (916) 760-1660</td> <td>ElDorado Site 532 Main Street Placerville, CA 95667 (530) 683-0110</td> <td>Yolo Site 1355 Halyard Road, STE 180 West Sacramento, CA 95691 (916) 741-5056</td> <td>Placer Site 1919 Grass Valley Hwy, STE 110 Auburn, CA 95603 (530) 820-0141</td> </tr> </table>				Sacramento Site 2033 Howe Ave, STE 100 Sacramento, CA 95825 (916) 760-1660	ElDorado Site 532 Main Street Placerville, CA 95667 (530) 683-0110	Yolo Site 1355 Halyard Road, STE 180 West Sacramento, CA 95691 (916) 741-5056	Placer Site 1919 Grass Valley Hwy, STE 110 Auburn, CA 95603 (530) 820-0141
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Celebrate Diversity Month

There are over 574 tribes across Turtle Island with each tribe having a unique way of life, tradition, and even creation stories! When celebrating Diversity Month, we need to remind ourselves that we are an extremely diverse community, not a monolith. Here at Shingle Springs Tribal TANF, we serve all nations including Alaskan Natives!



Totem poles are monuments created by First Nations of the Pacific Northwest to represent and commemorate ancestry, histories, people, or events. Totem poles are typically created out of red cedar, a malleable wood relatively abundant in the Pacific Northwest, and would be erected to be visible within a community. Most totem poles display beings, or crest animals, marking a family's lineage and validating the powerful rights and privileges that the family held. Totem poles would not necessarily tell a story so much as it would serve to document stories and histories familiar to community members or particular family or clan members.



There are approximately 326 Indian land areas in the U.S. administered as federal Indian reservations (i.e., reservations, pueblos, rancherias, missions, villages, communities, etc.). The largest is the 16 million-acre Navajo Nation Reservation located in Arizona, New Mexico, and Utah. The smallest is a 1.32-acre parcel in California where the Pit River Tribe's cemetery is located. Many of the smaller reservations are less than 1,000 acres. Some reservations are the remnants of a tribe's original land base. Others were created by the federal government for the resettling of Indian people forcibly relocated from their homelands. Not every federally recognized tribe has a reservation. Federal Indian reservations are generally exempt from state jurisdiction, including taxation, except when Congress specifically authorizes such jurisdiction.



Approximately seven Indigenous peoples and their homelands were divided by the historical establishment of the U.S.-Mexico international border—the Yaqui / Yoeme, the O'odham, the Cocopah / Cucapá, the Kumeyaay / Kumiai, the Pai, the Apaches, and the Kickapoo / Kikapú. The U.S.-Mexico border was established through three international agreements between the United States and Mexico. Through the 1848 Treaty of Guadalupe Hidalgo which ended the Mexican American War, the United States gained lands in Mexico that currently make up present-day California, Nevada, Utah and portions of Wyoming, Colorado, New Mexico, and Arizona. The treaty also established the Rio Grande River as the southern boundary of Texas as a U.S. state. In 1853, the United States acquired lands south of the Gila River which now make up the southernmost parts of present-day Arizona and New Mexico through the Gadsden Purchase. Finally, the Chamizal Treaty of 1963 ceded to Mexico a tract of land in the El Paso-Ciudad Juárez region that had been claimed by the U.S. as a result of a massive flood that moved the course of the Rio Grande. The Indigenous peoples of the lands impacted by these international agreements were neither consulted nor adequately considered in the negotiations between Mexico and the United States that would ultimately establish the current U.S.-Mexico international boundary.



Learn about your nation's diversity and connection to the land!

2024 SPRING EXPO

JOB FAIR

HOSTED BY: EDD AND SETA

THURS. APRIL 11 9:00 AM - 1:00 PM

2901 50TH STREET SACRAMENTO, CA 95817

DON'T MISS THE CHANCE TO ATTEND THE JOB FAIR, WHERE YOU CAN MEET WITH RECRUITERS FACE-TO-FACE AND LEARN ABOUT JOB OPENINGS IN YOUR FIELD.

DRESS TO IMPRESS AND BRING YOUR RESUME

INDUSTRIES INCLUDE: FEDERAL & STATE AGENCIES, HEALTHCARE, MANAGEMENT, FINANCE, RETAIL, WAREHOUSE, AND MORE!

UC DAVIS 49TH ANNUAL POWWOW



DATE: APRIL 13TH, 2024
LOCATION: UC DAVIS QUAD
TIME: 11AM-8PM



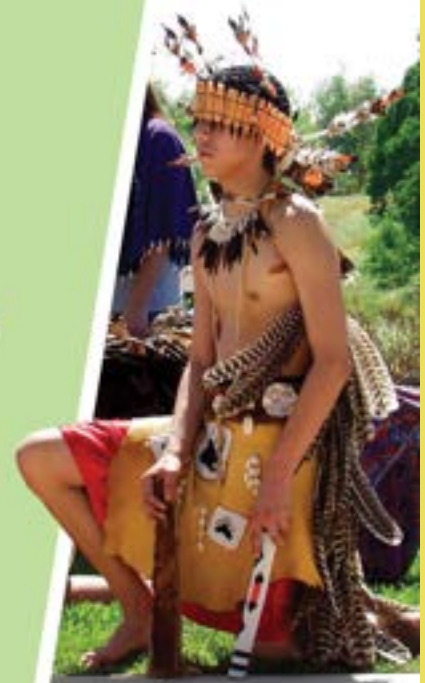
Yomen

A Celebration of Spring



Maidu Museum & Historic Site

April 27 • 10:00am



Back by popular demand, Yomen -- A Celebration of Spring is welcoming spring at the Maidu Museum Saturday April 27 from 10am to 3pm. Enjoy this cultural event celebrating Maidu and Native Californian tradition with traditional Maidu dancers, basket weavers, artisans and crafters, and activities for the whole family. This event is free to all visitors. Lunch will be provided to Native American Elders.

Schedule of Events TBA.

Yomen -- A Celebration of Spring
April 27, 2024 | 10:00am-3:00pm

Earth Day

Native Earth Clay Pottery

4/28/24

12pm-2:30pm

Washington
Neighborhood Center
400 16th St,
Sacramento, CA

Materials provided

Clay experts TBA

Food provided



Hands on your history!
Free for all ages

HEY, FOURTH GRADERS! GET YOUR FREE PASS.



Endless adventures now expanded to 54 state parks!

You (a fourth grader from California), your family (up to three adults and other kids) and friends (everyone in your car) can enjoy all sorts of adventures at 54 state parks during your whole fourth grade year—and the following summer, too. This pass is valid for the one-year period during which the child is a fourth grader or fourth grade equivalent, from September 1 to August 31 of that year. For full terms and conditions, [click here](#).

Have your parent or guardian go to ReserveCalifornia.com or call (800) 444-7275. All they have to do is set up a profile by providing their name, address, phone number and email address, and we will send them your free California State Park Adventure Pass to their email right away! For individuals who do not have access to a smartphone, computer or printer and/or do not have an email address, they can still get a pass by visiting a State Parks Pass Sales Office.