



Shingle Springs Tribal TANF Program

Parenting Class

✓ Court Order

✓ Traditional Parenting

✓ Understanding Child
Development

✓ Self Care

Helps our next generation to become thriving individuals, families and communities.

Open to the community for Native Families. Classes are ongoing and the curriculum continues for 13 consecutive weeks.

Parents are required to attend all 13 sessions in order to receive a Certificate of Completion.

- ◆ Self Care
- ◆ Communication Skills
- ◆ Positive Discipline
- ◆ Stress and Anger Management
- ◆ Understanding Child Development
- ◆ Traditional Parenting
- ◆ Lessons of the Cradleboard
- ◆ Lessons in Mother Nature
- ◆ Choices in Indian
- ◆ Parenting

For more information contact:

Mary Thompson at 916.760.1660
Family Advocate III/Yolo Site Manager

Transportation will be provided

Sacramento Tribal TANF Office
2033 Howe Ave, Suite #200
Sacramento, CA 95825
Phone: 916.760.1660
Every Wednesday
1-3pm

