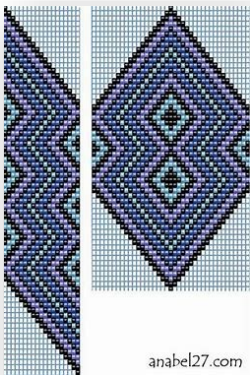


# Healing through Beading

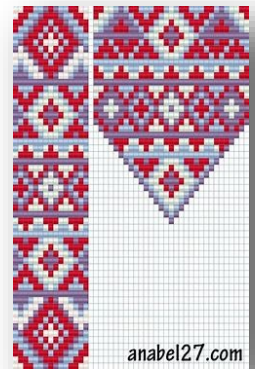
Historically, beading was used to tell a story and the act of beading was passed down generationally. Beading can be healing and nurturing. Join us in creating your own journey with beading.

**Wednesday, May 8 & 22, 2019**  
**5:30 to 8pm**



*Hosted by The Shingle Springs Band of  
The Miwok Indians TEK Department*

Sacramento Tribal TANF Office  
2033 Howe Avenue Suite #200  
Sacramento, CA 95825  
Phone: 916.760.1660



For more information please contact  
Yommala Cruz, Project Coordinator or  
Your Family Advocate



Transportation will be provided