

# Shingle Springs Tribal TANF Program (SSTTP)

# HEALTHY RELATIONSHIPS

There were many ceremonies, teachings and practices that taught and reinforced the importance of healthy relationships; they also taught what happens when relationships were unhealthy.

If we raise healthier individuals- physically, mentally, spiritually, emotionally and otherwise- they are better able to maintain healthier couple relations.



## SACRAMENTO COUNTY OFFICE

2033 Howe Ave, Suite #100  
Sacramento, CA 95825

### Fridays

2:45pm-4:00pm

(916) 760-1660

## EL DORADO COUNTY OFFICE

3932 Ponderosa Rd, Suite #100  
Shingle Springs, CA 95682

### Tuesdays

2:45pm-4:00pm

(530) 683-0110

## PLACER COUNTY OFFICE

1311 Lincoln Way, Suite #100  
Auburn, CA 95603

### Wednesdays

2:45pm-4:00pm

(530) 820-0141

**For more information contact your Family Advocate**

**This is an Alcohol and Drug Free Event ■ Transportation is Limited**