



Shingle Springs Tribal TANF Program (SSTTP)

PARENTING CLASS

Help our generation to become thriving individuals, families and communities. This is a 13 week series.

Parents are required to attend all 13 sessions in order to receive a Certificate of Completion

Parenting sessions includes key topics:

- ◆ Self Care
- ◆ Communication Skills
- ◆ Positive Discipline
- ◆ Stress and Anger Management
- ◆ Understanding Child Development
- ◆ Traditional Parenting
- ◆ Lessons of the Cradleboard
- ◆ Lessons in Mother Nature
- ◆ Choices of Indian Parenting

For more information contact:
Your Family Advocate

This is an Alcohol and Drug Free Event
Transportation is Limited

SACRAMENTO COUNTY OFFICE
2033 Howe Ave, Suite #100
Sacramento, CA 95825

Thursdays
1:00pm-2:30pm

(916) 760-1660

EL DORADO COUNTY OFFICE
3932 Ponderosa Rd, Suite #100
Shingle Springs, CA 95682

Wednesdays
1:00pm-2:30pm

(530) 683-0110

PLACER COUNTY OFFICE
1311 Lincoln Way, Suite #100
Auburn, CA 95603

Fridays
1:00pm-2:30pm

(530) 820-0141

