

# SHINGLE SPRINGS TRIBAL TANF PROGRAM (SSTTP)

# Quarterly Newsletter



## A word from the TANF Director

Dear Program Participant Families,

I hope you enjoy this newsletter edition of our Shingle Springs Tribal TANF Program (SSTTP); it captures a lot of the work we do and the opportunities we can offer to program participants in Placer, El Dorado and Sacramento Counties. In this newsletter you'll read about our in-house promotions, newly hired employees, participant success stories, education announcements, prevention and outreach.

Here at TANF, we provide weekly life skills courses, Monday through Friday, for our families to overcome any barriers or obstacles from becoming self-sufficient. We really encourage participants to attend!

Some of the great things TANF will be offering in July and August include: good grade incentives, school supplies, clothing allowances (school age children), college campus tours, sports activities, and nature walks. This year will also be our 1<sup>st</sup> Annual SSTTP Campout in South Lake Tahoe!

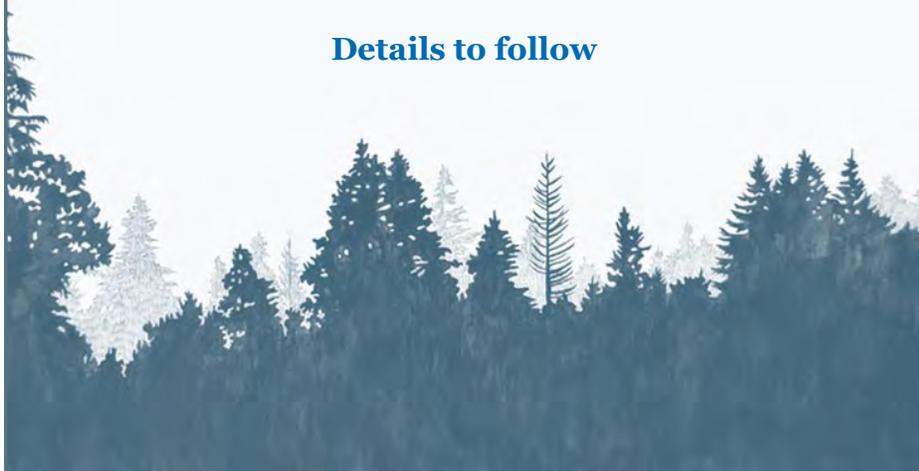
Our exciting news to announce is that with the recent approval of our SSTTP plan, SSTTP has reserved the right to provide cash assistance to families beyond the 60 months Federal TANF time limit. Effective July 1, 2016, SSTTP

## Save the Date

**SSTTP introduces our 1<sup>st</sup> Annual Summer Camp-out**

**August 7<sup>th</sup>-10<sup>th</sup>, 2016**

**Details to follow**



will begin aiding eligible timed-out families; we are currently accepting applications as of now. For those that have an open case with SSTTP and would like to continue receiving cash assistance for your children beyond the 60 months, your case can be transitioned into a child-only case upon your request. Please be advised, cash assistance is only for the children under the age of 18 and up to the age of 19 (if attending high school) on your case, and not for the adults.

We currently have 27 TANF staff and our team works hard to provide services. We look forward to continued services with you and your family!

- Teresa LeBeau  
*Pit River Nation*

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# WHAT'S NEW AT SHINGLE SPRINGS TRIBAL TANF



Daniel Delgado

**Recently promoted to Regional Site Director**

As the Regional Site Director for the Tribal TANF Program, I oversee purposes 1 (provide assistance to needy families so that children can be cared for in their own home) and 2 (reduce the dependency of needy parents by promoting job preparation, work and marriage).

having the opportunity to provide assistance to families that empower them in becoming self-sufficient is a very rewarding job and something I take pride in doing on a daily basis.

Hearing success stories from families who have come on to our program and developed into something they never thought was possible is the most rewarding part of this job. We have had several families thank SSTTP for helping them reach their goals and its stories such as those that will help ensure Tribal TANF will be available to future generations if needed to help them succeed.

- Daniel  
*Nor-Rel-Muk Wintu*



Tanaya Silva

**Recently promoted to Regional Prevention Director**

As Regional Prevention Director, I am responsible for the overall implementation of the Tribal TANF Program Purposes 3 (prevention and reduction of incidences of out-of-wedlock pregnancies) and 4 (encouragement of the formation and maintenance of two-parent families). My key responsibilities are to identify, organize and incorporate educational, prevention and diversion programs for participants, while overseeing, the employment, education, assessment, youth and culture prevention departments. What this means to me, "culture, education, employment and family wellness is prevention."

- Tanaya  
*Mohawk-Six Nations*



Gabrielle Zamarron

**Recently promoted to Family Advocate II**

I have been employed with the Shingle Springs Tribal TANF Program for 5 years, but as of April 2016, I am now in my new position as the Family Advocate II at the Sacramento Site. I am able to work closely with the other Family Advocates which allows me to better assist the participants on the TANF program.

My work means a lot to me because we are here to help our families to be self-sufficient and I feel we have an important role in their lives while they are on the TANF Program.

- Gabrielle  
*Enterprise Rancheria*



# WHAT'S NEW AT SHINGLE SPRINGS TRIBAL TANF



Melissa Munoz

### Recently promoted to Intake Worker for SSTTP's Compliance Dept.

On June 8, 2016, I started in the Compliance Department as the Intake Worker. My job is to complete intake appointments for all eligible Native Americans who reside in Sacramento County.

Being the Intake specialist for the Shingle Springs Tribal TANF Program has been a new and exciting experience. I am happy to have received the opportunity to help Native American families to be a part of our program so that we can better assist them on their road to self-sufficiency.

- Melissa Tejon



Rebecca Macias

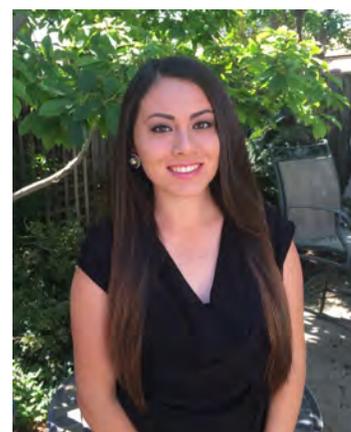
### Let's welcome Rebecca to the TANF team!

I am the office Administrative Assistant for the Placer TANF site. I do all the required clerical work and assist participants before meeting their Family Advocate.

I am working for an agency that helps people in need. If I could be a part of helping somebody in need and to get them back on their feet, that would mean a lot to me.

I am most proud of my career history. As a retiree of the County of Orange, I had the opportunity to advance from Clerk to Secretary II within the County. I met and worked with so many interesting people, learned, and gained a lot of experience.

- Rebecca Macias



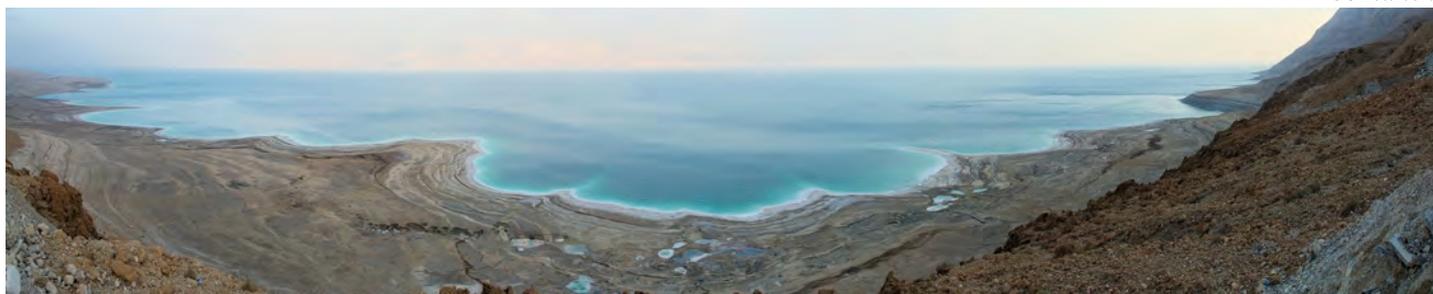
Erika Salinas

### Lets welcome Erika to the TANF Team!

I am a MSW Practicum Student from Washington University in St. Louis. As an intern, I have been assigned many tasks but I will also be mirroring the work of a Family Advocate I. In short, I will work directly with the families to help them access services and support them on their journey to achieve self-sufficiency.

Working in Indian country is one of the most important things that I can do. My career goal is to serve Native children and families, and given this opportunity, I am able to do just that. I am truly grateful that the Shingle Springs Band of Miwok Indians has given me the opportunity to intern with the TANF program. Thank you-Udah!

- Erika Salinas Comanche



# ANNOUNCEMENTS

## Sacramento County Office

### 22nd Annual Sacramento

### POW WOW

August 19-21

O'Neil Park  
715 Broadway  
Sacramento, CA

[www.Facebook.com/SacPowWow](http://www.Facebook.com/SacPowWow)



### Elders Luncheon

Ages 55 or older

**Date:**  
Friday, July 15, 2016

**Time:**  
12:00pm - 1:30pm

**Located:**  
Sacramento County Office  
2033 Howe Ave, Suite #100  
Sacramento, CA 95825

## El Dorado County Office



A Tribal Member receiving a certificate of completion for the Parenting Series on May 25, 2016



### Elders Luncheon

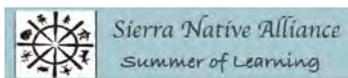
Ages 55 or older

**Date:**  
Friday, July 22, 2016

**Time:**  
12:00pm - 1:30pm

**Located:**  
Elders Community Center  
5281 Honpie Road  
Placerville, CA 95667

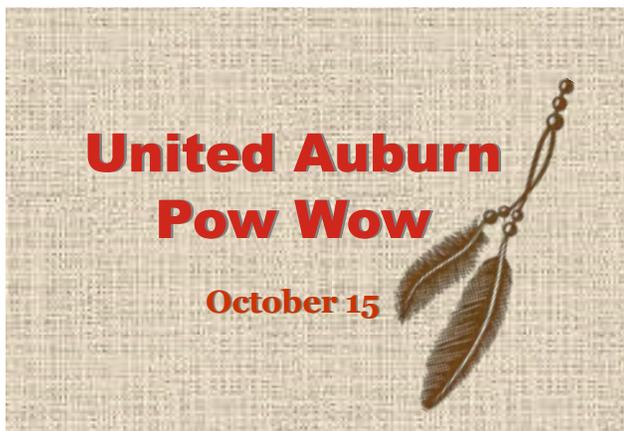
## Placer County Office



SNA Summer of Learning is a week of fun with other Native youth, gaining knowledge from arts and traditional activities. Field trips to local rivers will provide an understanding of cultural knowledge and traditional uses of environmental resources! Ages 12 to 17, if younger call for more information.

July 18 to 22, 2016  
Monday to Friday, 10 am-2 pm  
610 Auburn Ravine Rd, Suite G  
Auburn CA 95603  
Office (530) 888-8767

Transportation available call for information. Snacks provided.  
The Sierra Native Alliance (SNA) is a Native American community-based cultural center. SNA offers a wide range of family wellness and youth development activities, including education, leadership, mentoring, and advocacy.  
Peer Outreach: Travis Lang (530) 888-8767 [travis@sierranativealliance.org](mailto:travis@sierranativealliance.org)



### Elders Luncheon

Ages 55 or older

**Date:**  
Friday, July 8, 2016

**Time:**  
12:00pm - 1:30pm

**Located:**  
City of Auburn-Rose Room  
1225 Lincoln Way  
Auburn, CA 95603

# EDUCATION

Shingle Springs Tribal TANF Program (SSTTP)

## Los Rios Community College District Tour

Do you have dreams of going to college or a university someday?

Would you or your child be interested in taking campus tours this summer?

**Ages 15 or older**

**Location:**  
Sacramento County Office  
2033 Howe Ave, Suite #100  
Sacramento, CA 95825

**Date:**  
July 19, 2016

**Time:**  
9:00am-4:00pm

For more information contact:  
Stace McClaffin, Education Coordinator  
916.760.1672

*"If you are in high school please fill out survey on back"*

An Alcohol & Drug Free Event • Transportation is Provided

Shingle Springs Tribal TANF Program (SSTTP)

## College Campus Tours 2016

UC DAVIS  
UNIVERSITY OF CALIFORNIA

UC Davis

SACRAMENTO STATE  
Leadership begins here.

Do you have dreams of going to college or a university someday?

Would you or your child be interested in taking campus tours this summer?

**Ages 15 or older**

**Location:**  
Sacramento County Office  
2033 Howe Ave, Suite #100  
Sacramento, CA 95825

For more information contact:  
Stace McClaffin, Education Coordinator  
916.760.1672

*"If you are in high school please fill out survey on back"*

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### Student Incentives:

SSTTP will provide a **Good Grade incentive** for each school-aged youth (K-12) for the 2016-2017 school year. It will be the responsibility of each participant to provide the grades and attendance for each youth.

\$250.00 **clothing allowance** for every child who is enrolled in school (K-12) for the 2016-2017 school year.

SSTTP will provide **Backpacks and School Supplies** to school-aged youth (K-12) who show proof of enrollment for the 2016-2017 school year.

**Tuesday, July 26, 2016**  
**Wednesday, July 27, 2016**  
**Thursday, July 28, 2016**

**1-4 pm**

Available at all three SSTTP Sites

for more information contact:  
Stace McClaffin  
Education Coordinator

Shingle Springs Tribal TANF Program (SSTTP)

## GED/HiSET Prep Class

- Come study and prepare for the GED or HiSET tests
- Study Math, Science, Social Studies, Writing and Reading Skills
- Take the official GED Practice Test and receive scores and feedback
- Get help finding an official testing facility in your area

<p><b>Location:</b> El Dorado County Office 3932 Ponderosa Road, Suite #100 Shingle Springs, CA 95682</p> <p><b>Date:</b> Monday <b>Time:</b> 9:00am-10:30am</p>	<p><b>Location:</b> Sacramento County Office 2033 Howe Ave, Suite #100 Sacramento, CA 95825</p> <p><b>Date:</b> Wednesday <b>Time:</b> 9:00am-10:30am</p>	<p><b>Location:</b> Placer County Office 1311 Lincoln Way, Suite #100 Auburn, CA 95603</p> <p><b>Date:</b> Thursday <b>Time:</b> 9:00am-10:30am</p>
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For more information contact:  
Stace McClaffin,  
Education Coordinator  
916.760.1672

An Alcohol & Drug Free Event • Transportation is Provided



# SSTTP PARTICIPANT SUCCESS STORIES



I am a single father of a teenage daughter; I grew up in a all boys home, foster homes, and with a dysfunctional family that was involved in drugs, alcohol, abuse and domestic violence.

While on the TANF program, I was able to take care of my daughter and go to school full time. With that I was able to get a degree in accounting which helped me get the payroll position that I currently hold.

Everyone in the TANF program played a significant role. I am especially thankful for my Family Advocate and as well as the youth program for helping me to get my daughter to important youth events. Some of the barriers that I experienced were the policies and procedures with supportive services.

I am a go getter. I have a very strong inner drive and with the help I received from TANF I was able to achieve the goals in order to become successful. I will continue to follow my plans by going to ceremonies, working hard and staying sober (alcohol/drug free) and by staying positive. It is important to follow your program and work hard to become self-sufficient as soon as possible.

- Marlin



I came from a single parent home, my mom worked a lot and she always made sure that we were well taken care of.

It was my younger brother and I growing up. We didn't care about going to school growing up. I moved back and forth between Colusa and Sacramento.

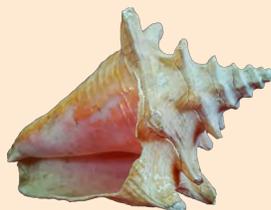
I would like to thank my Family Advocate for pushing me and motivating me to get my high school diploma.

My son is who motivates me to do good things and I did not want my son to I know that I did not try to receive my high school diploma.

My grandmother (Umi), my son and my Family Advocate played a huge role in future goals to become an x-ray technician. I am currently attending a two year college and then would like to transfer to a four year college to San Diego State.

TANF helped me a lot with making sure to utilize all the resources that they provide. They gave me a hand and provided the tools to become successful.

- Jada



I was successful with the classes and utilizing the resources that TANF provided. The staff was always there to push me towards success. My Family Advocate and other staff members had the positive outlook and keeping my daughter in mind was my motivation.

I never wanted be the participant that was scared to time out of TANF unprepared.

My future goals are to get into real estate and property management. The help I received was from staff at TANF to become self motivated. I utilized the classes and computer lab to learn everything I could.

Even when you feel you have nothing people see that you have something.

- Ashley



## SSTTP PARTICIPANT SUCCESS STORIES

I went from a part-time and no benefits position to a full time career with UC Davis Medical Center. My children have always been my priority and they have the biggest impact in motivating me to always want to do better and to apply myself the best way I know I can.

I kept the mind set that one day all my hard work will pay off and I will succeed no matter what and to stay open to new opportunities.

Never give up, stay positive, and one day it will get better. Apply yourself 100 percent even though you may have your setbacks never let it get the best of you.

- Arthur



I grew up in Lake County moved to Sacramento in 2005 and in that same year I met Arthur. A year later we got together and then ten years later we had our three wonderful children.

While on the program I was a full time assistant manager for Spencer Gifts, three months into the program the store manager position opened up and with the support of my partner I went for it and got the position.

My family has always motivated me, the only barrier that I experienced was with myself. My goals for the future is to finally be able to buy a car and own my own home now that our family is financially stable.

- Griselda



I was successful with the classes and utilizing the resources that TANF provided. The staff was always there to push me towards success.

My Family Advocate and other staff members were very positive. I was raised in Santa Rosa, CA and moved to Sacramento when I was a single mom with my three children. I had lived on the reservation when I was younger.

The success I received while being on the TANF program was being able to financially support myself and my children while looking for a job. I loved the culture classes, because they brought me back to the basics of my culture and have helped me a lot with my kids.

My children played a significant role

in motivating me. When I was looking for a job I had a lack of work experience. I utilized all the TANF classes and I wasn't afraid to ask questions, to staying positive, and to continue being outgoing. My future goals and next step in my family wellness plans is growing within my current company that I work for by taking a management class. The advice I would like to give to other participants on the program is to utilize all the resources and to take advantage of the classes they provide. Believe in yourself and stay positive.

- Theresa

# JUST FOR FUN

Shingle Springs Band of Miwok Indians, Tribal TANF Program

## Miwok Language Class



The Miwok-Maidu spoke versions of the Penutian language, which was spoken by a number of tribes in California. The Miwok-Maidu had complex and extensive vocabularies to describe the world around them. As our tribe came together and struggled to survive, our language was slowly lost. Today, we are working to save our language so that we can share it with future generations.

### Locations & Times:

<b>Placer County Office</b> 1311 Lincoln Way, Suite#100 Auburn, CA 95603 Monday 9:30am-10:30am	<b>Sacramento County Office</b> 2033 Howe Ave, Suite#100 Sacramento, CA 95825 Monday 11:30am-12:30pm	<b>El Dorado County Office</b> 3932 Ponderosa Rd, Suite#100 Shingle Springs, CA 95682 Monday 2:00pm-3:00pm
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**For more information contact:**  
John Tayaba , SSBMI Project Coordinator  
Phone: 530.698.1405

An Alcohol & Drug Free Event • No Transportation

**Open to the Native Community every Monday**



## TANF Language Class

### Southern Maidu/Nisenan



Pamela Adams Cleanso

As our tribe came together and struggled to survive, our language was slowly lost. Today, we are working to save our language so that we can share it with future generations.

### Locations & Times:

1st and 3rd Wednesday of the Month

<b>Placer County Office</b> 1311 Lincoln Way, Suite#100 Auburn, CA 95603 Wednesday 9:30am-10:30am	<b>Sacramento County Office</b> 2033 Howe Ave, Suite#100 Sacramento, CA 95825 Wednesday 11:30am-12:30pm	<b>El Dorado County Office</b> 3932 Ponderosa Rd, Suite#100 Shingle Springs, CA 95682 Wednesday 2:00pm-3:00pm
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An Alcohol & Drug Free Event • No Transportation

### For more information contact:

Daniel Fonseca, Cultural Resource Director  
Kara Perry , Administrative Assistant  
Phone: 530.488.4049



**Open to the Native Community**



## Cross Word Puzzle

- |           |          |
|-----------|----------|
| ANASAZI   | CHEROKEE |
| APACHE    | CHEYENNE |
| ARAPAHO   | CHOCTAW  |
| ARIKARA   | COMANCHE |
| BLACKFOOT | HIDATSU  |
| PUEBLO    | LAKOTA   |
| SHOSHONE  | MUSCOGEE |
| WAHOE     | NAVAJO   |
| WICHITA   | PAIUTE   |
| YAVAPAI   | PAWNEE   |



# SSTTP CLASSES

## LOCATIONS:

### Sacramento County:

2033 Howe Ave, Suite #100  
 Ph:(916) 760-1660  
 Fax: (916) 760-1661

### Placer County:

1311 Lincoln Way, Suite #100  
 Auburn, CA. 95603  
 Ph: (530) 820-0141  
 Fax: (530) 820-0142

### El Dorado County:

3932 Ponderosa Rd, Suite #100  
 Shingle Springs, CA 95862  
 Ph:(530) 683-0110  
 Fax: (530) 683-0109

## WEBSITES:

### [www.shinglespringsrancheria.com](http://www.shinglespringsrancheria.com)

Please visit our website for information on upcoming events and employment opportunities. Our website links to the Shingle Springs Band of Miwok Indians, Shingle Springs Tribal TANF Program, Shingle Springs Tribal Health and Wellness Center, Red Hawk Casino and Job Opportunities.

Under TANF you may find various TANF forms such as Eligibility Documents, Supportive Service Requests, Appeal Process, Event and Workshop Calendars and more... Thank you

### [www.ssthp.org](http://www.ssthp.org)

Please visit our Shingle Springs Tribal Health Clinic/Program website; also known as the Shingle Spring Health and Wellness Center, forms are available for New Patients... Thank you

## SACRAMENTO SITE:

### Employment Essentials

Every Monday  
 9:00am to 10:00am

### Supervised Job Search

Every Monday  
 10:15am to 11:15am

### Miwok Language

Every Monday  
 11:30am-12:30pm

### Parenting Class

Every Tuesday  
 9:00am-10:30am

### Healthy Relationship

Every Tuesday  
 10:45am-12:00pm

### GED/HiSET Prep

Every Wednesday  
 9:00am-10:00am

### Education Open Lab

Every Wednesday  
 10:15am-11:15am

### Southern Maidu/Nisenan Language

Every 1st and 3rd Wednesday  
 11:30am-12:30pm

### Native Life Skills

Every Thursday  
 9:00am-10:30am

### Traditional Talking Circle

Every Thursday  
 10:45am-12:00pm

### Healthy Living

Every Friday  
 9:00am-10:30am

### Fatherhood & Motherhood is Sacred

Every Friday  
 10:45am-12:00pm

## EL DORADO SITE:

### GED/HiSET Prep

Every Monday  
 9:00am-10:00am

### Education Open Lab

Every Monday  
 10:15am-11:15am

### Miwok Language

Every Monday  
 2:00pm-3:00pm

### Employment Essentials

Every Tuesday  
 9:00am to 10:30am

### Parenting Class

Every Wednesday  
 9:00am-10:30am

### Healthy Relationship

Every Wednesday  
 10:45am-12:00pm

### Southern Maidu/Nisenan Language

Every 1st and 3rd Wednesday  
 2:00pm-3:00pm

### Healthy Living

Every Thursday  
 9:00am-10:30am

### Father/Motherhood is Sacred

Every Thursday  
 10:45am-12:00pm

### Native Life Skills

Every Friday  
 9:00am-10:30am

### Traditional Talking Circle

Every Friday  
 10:45am-12:00pm

## PLACER SITE:

### Miwok Language

Every Monday  
 9:30am-10:30am

### Fatherhood & Motherhood is Sacred

Every Monday  
 10:45am-12:00pm

### Native Life Skills

Every Tuesday  
 9:00am-10:30am

### Traditional Talking Circle

Every Tuesday  
 10:45am-12:00pm

### Southern Maidu/Nisenan Language

Every 1st and 3rd Wednesday  
 9:30am-10:30am

### Supervised Job Search

Every Wednesday  
 10:45am to 12:00pm

### Employment Essentials

Every 2nd and 4th Wednesday  
 9:30am to 10:30am

### GED/HiSET Prep

Every Thursday  
 9:00am-10:00am

### Education Open Lab

Every Thursday  
 10:15am-11:15am

### Parenting Class

Every Friday  
 9:00am-10:30am

### Healthy Relationship

Every Friday  
 10:45am-12:00pm